

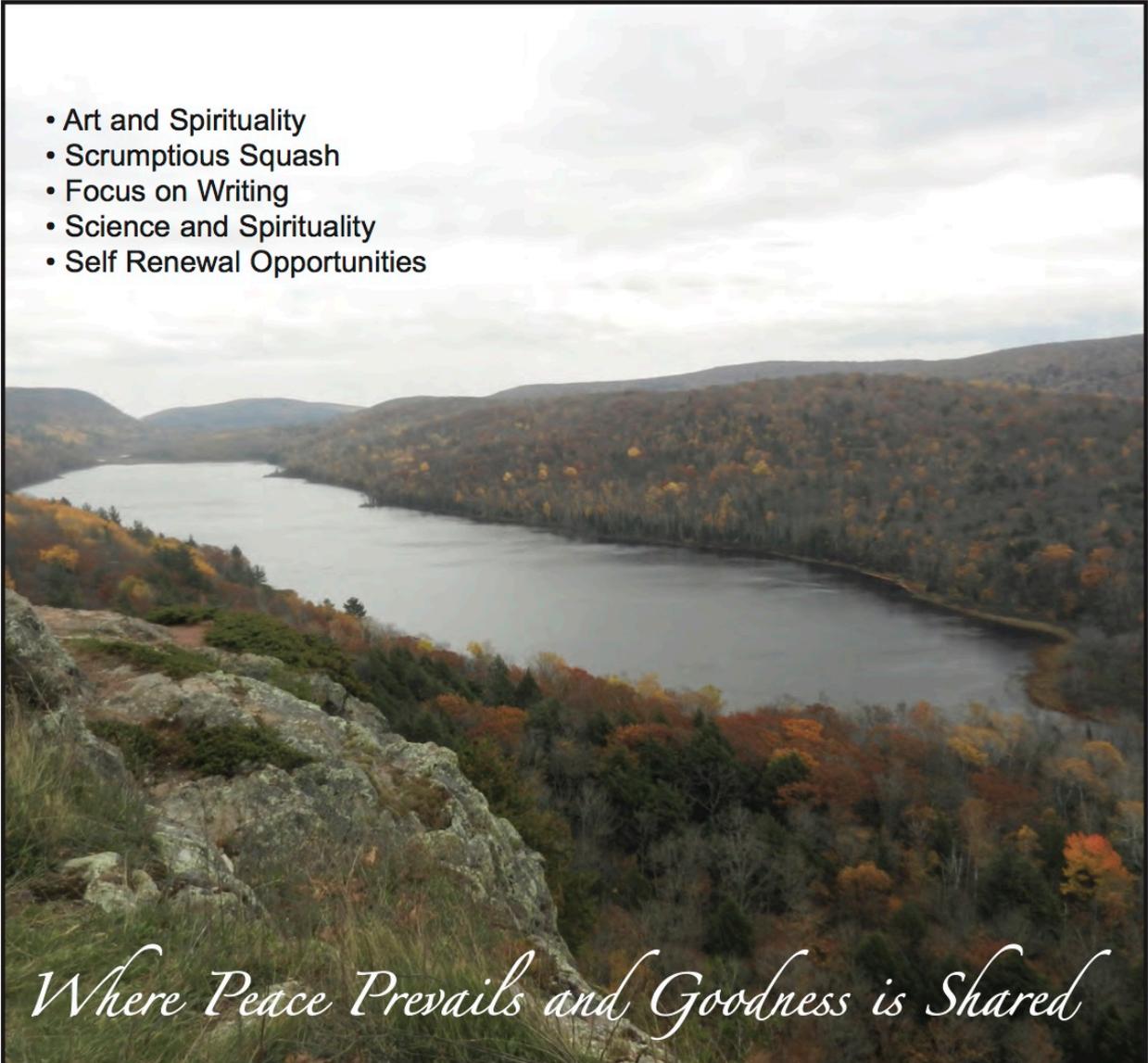
Marywood Franciscan Spirituality Center Newsletter



# *Roots and Ripples*

Volume 11 • Issue 3  
September-December 2018

- Art and Spirituality
- Scrumptious Squash
- Focus on Writing
- Science and Spirituality
- Self Renewal Opportunities



*Where Peace Prevails and Goodness is Shared*

**MARYWOOD**  
 FRANCISCAN SPIRITUALITY CENTER  
 3560 Hwy 51 North · Arbor Vitae, WI 54568  
 www.marywoodsc.org  
 marywood.center@gmail.com  
 715-385-3750

Director Elizabeth Amman, OP, Ext. 2

Staff Karen Kappell, FSPA  
 Marla Lang, FSPA, Ext. 5  
 Pat Pintens, Ext. 6  
 Julia Walsh, FSPA, Ext. 3

Hospitality Anita Beskar, FSPA  
 Office Manager Susan Fredenhagen, Ext. 1  
 Marketing Coordinator Ashley Heid  
 Buildings/Grounds Philip Theiler

(To contact staff without an extension listed, select Ext. 1)

**Follow us on Facebook and Twitter**



**A Legacy that Makes an Impact**

Your support will be as necessary in the years ahead as it is now. A bequest established today guarantees a lifeline of vital support for the future of Marywood Franciscan Spirituality Center. As you consider various gift options, it is always best to consult your tax adviser. Marywood Franciscan Spirituality Center is a not-for-profit charitable organization (501(c)(3) and all contributions are tax deductible as the law allows.

The Marywood Franciscan Spirituality Center engages persons seeking greater meaning in life and a deeper relationship with God, others, self and all creation by providing space for inspiration, reflection and solitude.

*Marywood Franciscan Spirituality Center, a not-for-profit organization, is a ministry of the Franciscan Sisters of Perpetual Adoration, La Crosse, Wisconsin.*

**Welcome to Marywood!**

**Phil Theiler** grew up in northern Wisconsin in the small town of Tomahawk, where he developed his love for the outdoors. He attended the University of Wisconsin - Stevens Point, and graduated with a degree in Forestry. He worked for 34 years with the Wisconsin Department of Natural Resources as a Forester and Wildland Firefighter. He and his wife, D'Arcy, have three grown daughters and a golden retriever, Gracie. Phil is the new Marywood Buildings/Grounds Supervisor.



**Ashley Heid** grew up in Milwaukee, but is no stranger to the northwoods. She and her family would vacation in Eagle River during summer vacation, but has recently moved here permanently. She attended UW Whitewater, but will finish and hold a degree in Web Development from Nicolet College. She has a love for music and has been playing the flute since 5th grade, and has enjoyed time as a member of her high school and college marching bands. Ashley is also very involved in different ministries at St. Peter the Fisherman Parish in Eagle River. Ashley is serving Marywood as the Marketing Coordinator.



**With Gratitude and Good Wishes, We Say Farewell**

**Darrell Shelby** who was the Marywood "Original Mr. Fixit" for about 11 years. His laughter and good humor was shared with staff and guests alike. He is facing some health issues but hasn't lost his sense of humor and story telling ability. He and Malia are planning to travel in their RV.

**Addie Halfmann** has chosen to re-retire after serving Marywood in the marketing arena for nearly a dozen years. She and Charlie will spend more time with family and continue to volunteer in the community.





## Marywood Operating Board

Chair:

Cathy Koerpel  
Rhineland, WI

Vice Chair:

Rose Elsbernd, FSPA  
La Crosse, WI

Treasurer:

Lisa Coon  
Arbor Vitae, WI

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Deacon Richard Miech  
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FSPA Leadership Liaison:

Catherine Kaiser, FSPA  
La Crosse, WI

Bob Beaurain  
Sayner, WI

Dave Gaber  
Rhineland, WI

Richard Huseby  
Tomahawk, WI

John McHugh  
La Crosse, WI

Christine Newkirk  
Tony, WI

Mary Ticknor, FSPA Affiliate  
Rhineland, WI

Greetings to our dear Friends and Supporters of Marywood,

These days gratitude exudes from all of us here in the beautiful Wisconsin Northwoods!

Thank you for joining with us in celebrating our 25th anniversary as Marywood Franciscan Spirituality Center – June 6, 2017 thru June 5, 2018. It was a very good year! It was fun and fascinating having people realize that we have been here 25 years. Can you believe that I have already been told, “It’s not too early to be planning for your 30th anniversary”?

Thank you for supporting our 3rd annual “Spirit of Marywood Golf Scramble.” It was a beautiful sunny day. Trout Lake Club House and Golf Course were filled with many happy people — staff, volunteers, golfers, beautiful raffle baskets, five chances to win major hole-in-one prizes, meaningful conversations, fun, food and frivolity.

Mark your calendars for next year. Our 4th Annual “Spirit of Marywood Golf Scramble” and fundraiser will be on June 27, 2019. We plan to increase the excitement, fun and fundraising with an additional 48 golfers.

In this same spirit of thanksgiving, we continue to thank our founding and sponsoring group, the Franciscan Sisters of Perpetual Adoration. Their foresight and vision developed a ministry for those seeking greater meaning in their lives and deeper relationships with God, self, others — and All Creation. We and the people of this area are reaping the benefit.

This issue of Roots and Ripple covers the months with major holidays and celebrations. However you celebrate them, thank God, enjoy family and friends, and stay safe.

Something to ponder ... from Meister Eckhart: “We are all meant to be mothers of God, for God is always needing to be born.”

Goodness and peace be yours,

Sr. Elizabeth Amman

## Programs - September 2018

### **WATERCOLOR: Moving Beyond The Brush**

**September 3-Monday**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell, FSPA**

Now is the time to expand your choices and energize your art with great brush-free water-media techniques. Using brushless methods early in a painting frees the imagination and leaves refinement with the brush for a later phase in the painting. Bring watercolors and any water media, plus a stretched half sheet of watercolor paper. Floral compositions work well with this program. Fee: \$30.00. Bring a lunch. Register by Monday, August 27.

### **WATERCOLOR: Water Webbing With Fall Leaf Pattern**

**September 4 -Tuesday**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell, FSPA**

Imagine tiny threads of color vibrating in the background of a colorful fall painting. That is what water webbing has to offer. It is a beautiful delicate effect and a soft method to use with watercolor paintings. We will learn this technique to create a background pattern and then apply an overlay of printed leaves. Bring watercolors, a stretched 1/2 sheet of stretched watercolor paper, a spray bottle with a soft mister and some pressed leaves. Fee: \$30.00. Bring a lunch. Register by Tuesday, August 28.

### **WATERCOLOR: Creating a Painting With Multi-Layers**

**September 5- Wednesday**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell, FSPA**

Rich color layered over color builds depth, richness, and mystery in a painting. This method of painting is especially good for old watercolor paintings that you consider failures and for a subject that is abstract in theme. Bring watercolors and supplies, a stretched 1/2 sheet of re-stretched watercolor paper or new stretched sheet. A variety of other media will be available for your use. Fee: \$30.00. Bring a lunch. Register by Wednesday, August 29.

### **IONS (Science and Spirituality)**

**September 6 & 20 (first & third**

**Thursdays)**

**12:30-3:00 p.m.**

**Facilitators: Jan Lewis and Marla Lang, FSPA**

Noetic science means other ways of knowing. On the first Thursday of the month we view and discuss videos on spirituality and science. On the third Thursday we view and discuss episodes from the series Missing Links from Greg Braden's current scientific findings. All are welcome to one or more gatherings. Suggested offering \$10.00.

**To Register**  
**715-385-3750 Ext 1**  
**marywood.center@gmail.com**  
**(credit cards accepted)**

### **UKRAINIAN EGGS**

**September 11-Tuesday**

**9:30 a.m.-2:30 p.m.**

**Guest Presenters: Gemma Lamb and Jeannine Laibly**

Learn the old world tradition of Pysanky. Ukrainian eggs are a style in which patterns are created using a method that involves applying melted beeswax to an egg before dying. The wax protects the shell from the dye, allowing a layered effect of color to be achieved. Required materials are provided and additional materials will be available for purchase at a minimal fee. Suggested offering \$30.00. Bring a lunch. Register by Thursday, September 6.

### **"TAKE OFF YOUR SHOES!"**

**September 12-Wednesday**

**9:30-11:30 a.m.**

**Presenter: Pat Pintens**

These words modernize God's instruction to Moses at the burning bush. During this season of colorful if not burning bushes and trees let's explore what 'shoes' we might need to 'take off' in order to more fully hear what God is saying to us and to discover the holiness of the 'ground' around us.

Bring an old shoe along. Suggested offering \$10.00. Register by Thursday, September 6.



# Programs - September 2018

## **DAY OF SELF AND SPIRITUAL RENEWAL**

**September 15-Saturday**

**8:30 a.m.-4:00 p.m.**

**Facilitator: Julia Walsh, FSPA and Fern & Folk staff**

Join us for a day of self-care and renewal of body, mind and spirit! This day features one 30-minute holistic service (chair massage, express facial, aromatherapy or spiritual listening) and one 60-minute holistic service (spiritual direction, yoga, or deep tissue full-body massage), guided meditation, a healthy lunch, access to all that Marywood has to offer (chapel, library and Trout Lake waterfront), creative prayer stations and hours of free time for rest and relaxation. Fee \$85.00. Registration, a non-refundable deposit of \$25.00 and your service choices are required by Friday, September 7. For more information or to register and select your choices, please call 715-385-3750, Ext. 1.

## **PRAY AS YOU CAN, NOT AS YOU CAN'T**

**September 19 - Wednesday**

**9:30-11:30 a.m.**

**Leader: Dick Bruesehoff**

Prayer can take a seemingly infinite number of forms! We all find that some come easily, while others are more challenging. During this retreat you'll have an opportunity to explore why some forms may be easier for you than others. We'll practice a variety of prayer forms together as you identify and claim the ways you can pray! Suggested offering \$10.00. Register by Monday, September 17.

## **MARYWOOD WRITERS GROUP**

**September 19-Wednesday**

**Third Wednesday of month**

**12:00-3:00 p.m.**

**Also October 17, November 21 and December 19**

**Facilitator: Julia Walsh, FSPA**

Writers of every level and genre are welcome to join the group and come to any or each meeting. Bring a copy of your writing for feedback (1- 3 double-spaced pages) and your meal. Be ready for a robust conversation among a supportive community that will enrich your work as a writer. Suggested offering \$5.00. Please register by the day before the session.

## **SPIRIT WALKING**

**September 20–Thursday**

**9:00-11:30 a.m.**

**Presenter: Pat Pintens**

Genesis 3:8 tells of God "moving about in the garden at the breezy time of the day." Picture God walking slowly, gently, touching, looking, smelling, listening, wondering at and enjoying creation. This approach reflects aspects of what the Japanese call Shinrin-Yoku, in English "Forest bathing". We will meet at Marywood and proceed to the Fallison Lake trail. Suggested offering \$10.00. Register by Friday, September 14.

## **Special Program**

**Motorcoach Pilgrimage to Northern Wisconsin**

**September 18, 2018**

**For more information, pick-up locations and times call**

**715-385-3750 Ext. 1, 5 or 6**

## **IONS (Science and Spirituality)**

**September 20 (first & third**

**Thursdays)**

**12:30-3:00 p.m.**

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

## **BOOK CLUB**

**September 21-Friday**

**Third Friday of the month**

**8:00-10:00 a.m.**

**Facilitators: Anita Beskar, FSPA, Marla Lang, FSPA**

We select current, notable books. A good book and a great conversation at Marywood are our treasures! Call 715-385-3750 ext. 5 for the name of the book for the next gathering. Suggested offering \$10.00. Register the day before.

## ***Taste And See The Goodness Of The Lord - SCRUMPTIOUS SQUASH***

**September 21-Friday**

**9:30-11:30 a.m.**

**Presenter: Pat Pintens**

Does squash seldom find its way to your table? If so, you are missing one of autumn's best blessings. Squash is easy, affordable and tasty to prepare. Those emboldened letters spell **EAT**. We'll do just that as we explore the scrumptious, enjoyable world of squash. Suggested offering \$10.00. Register by Monday, September 17.

## Programs - October 2018

### **BEAD-DAZZLED: MIXED MEDIA** October 1,2,3: Monday, Tuesday, Wednesday

9:00 a.m-3:00 p.m.

**Presenter: Karen Kappell, FSPA**

Each day is independent of the previous and has a different lesson. This program will use beads and fibers to create embellishments for paper, jewelry, fabric. The embellishments have countless uses for the quilter, sewer, journal maker, jewelry maker, art painter in mixed media, etc. All materials will be available but if you have yarns, fancy string, beads, fibers bring them along to use and exchange. Get ready to play. Fee: \$30.00 each day or \$80 for all 3 days. Bring a lunch & register by Monday, September 24.

### **MARYWOOD WRITERS GROUP** October 1-Monday

First Monday evening of month  
6:00-8:30 p.m.

**Also November 5 and December 3**  
**Facilitator: Julia Walsh, FSPA**

Writers of every level and genre are welcome to join the group and come to any or each meeting. Bring a copy of your writing for feedback (1-3 double-spaced pages) and your meal. Be ready for a robust conversation among a supportive community that will enrich your work as a writer. Suggested offering \$5.00. Please register by the day before the session.

**To Register:**

**715-385-3750 Ext 1**

**marywood.center@gmail.com**  
credit cards accepted

### **ANNIVERSARY OF ST. FRANCIS' DEATH** October 3 – Wednesday 6:30–7:30 p.m.

**Location: Holy Family Church,  
8950 City J, Woodruff**

All "Franciscans in heart" are invited to this prayer and social time celebrating St. Francis' passing from death to full life in 1226. Donations accepted. Registration not required.



### **IONS (Science and Spirituality)** October 4- (first & third Thursdays) 12:30-3:00 p.m.

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

### **THE HIDDEN LIFE OF TREES** October 9–Tuesday 9:30 a.m.–Noon

**Presenter: Marla Lang, FSPA**

To look at how trees share food and communicate with each other is astonishing. How social trees are, how they pass electrical impulses through their roots, what they feel! These Northwoods' trees surround us with their hidden lives and seeming miracles we seldom reflect upon. Suggested offering \$10.00. Register by Monday, October 8.

### **MARY'S SONG FOR JUSTICE AND PEACE**

October 11-Thursday

9:30 a.m. (Rosary); 10:00 a.m.–3:00 p.m. (Retreat)

**Presenter: Julia Walsh, FSPA**

Mary's song, "The Magnificat," is the most any woman says in the New Testament. During this Marian reflection day we will join Mary's song and consider how we might help build up the world described by Our Lady. This day will involve a variety of prayer and learning activities. Lunch included. Suggested offering \$30.00. Register by Monday, October 8.

### **JESUIT FORM OF CONTEMPLATIVE PRAYER** September 13–Thursday

9:30-11:30 a.m.

**Presenters: Anita Beskar,  
FSPA & Marla Lang, FSPA**

Are you seeking another form of prayer? The Jesuits have offered the Christian community their insights about deepening experiences with God. Come join us as we share ways to support/expand our prayer lives. This day will be part one. Part two will be arranged at the time best suited to the participants of part one. Suggested offering \$10.00. Register by Tuesday, Sept. 11.

If you are interested in staying overnight to attend art programs and/or other programs call for cabin availability.  
715-385-3750 Ext. 1

## **GOD AS TRINITY**

**October 15-Monday**

**9:30-11:30 a.m.**

**Presenter: Marla Lang, FSPA**

Drawing on the wisdom of Fr. Richard Rohr and Mike Morrell's research and book The Divine Dance, we will examine insights into their understanding of God as Trinity. God is the eternal mystery that enables, enfolds and enlivens all things, even us. Suggested offering \$10.00. Register by 8:30 a.m. Monday, October 15.

## **HARVESTING OUR LIFE'S WISDOM**

**October 17-Wednesday**

**9:30-11:30 a.m.**

**Leader: Dick Bruesehoff**

In the north, the season of fall is a time of fruitfulness and gratitude. We celebrate the richness of harvest even as the temperature cools, the darkness gathers and the soil becomes dormant. Many musicians, artists and poets have tried to capture the spirit of the season. Using their work, we'll reflect on this season in our own lives, focusing on the harvest of wisdom in our own lives. Suggested offering \$10.00. Register by Monday, October 15.

## **MARYWOOD WRITERS GROUP**

**October 17-Wednesday**

**Third Wednesday of month**

**12:00-3:00 p.m.**

**Also November 21 and December 19**

**Facilitator: Julia Walsh, FSPA**

See September 21st description, page 5.



## **IONS (Science and Spirituality)**

**October 18 (first & third**

**Thursdays)**

**12:30-3:00 p.m.**

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

## **BOOK CLUB**

**October 19-Friday**

**Third Fridays of the month**

**8:00-10:00 a.m.**

**Facilitators: Anita Beskar, FSPA and Marla Lang, FSPA**

See September 21st description, page 5.

## **FOOD AND UNITY**

**October 25-Thursday**

**5:00-8:00 p.m.**

**Facilitator: Julia Walsh, FSPA**

How does eating invite us into sacred relationship with others? How can we better honor the holy ground from which food comes through the ordinary and holy act of sharing food? Bring a dish to pass to this evening of prayer, learning and conversation along with an appetite to be nourished body, mind and spirit. Suggested offering \$5.00. Register by Monday, October 22.



## **HALOS AND APRONS**

**October 30-Tuesday**

**1:00-3:00 p.m. And again from 6:00-8:00 p.m.**

**Presenter: Pat Pintens**

What does it mean to be holy? What do you picture: someone wearing a halo or an apron? In *Gaudete et Exsultate: Rejoice and Be Glad*, Pope Francis links holiness with prayer and service to others - halos and aprons. Let's explore and reflect on what else he writes about the meaning of holiness today and how to stop trying to live up to other people's or society's ideas of holiness. Suggested offering \$10.00. Register by Wednesday, October 24.

**To Register**

**715-385-3750 Ext 1**

**marywood.center@gmail.com**

(credit cards accepted)

## Programs - November 2018

### **IONS (Science and Spirituality)**

**November 1-Thursday**

**12:30-3:00 p.m.**

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

### **NaNoWriMo COME WRITE IN Event**

**November 3-Saturday**

**10:00 a.m.-2:00 p.m.**

**Hosted by: Julia Walsh, FSPA and Minocqua Library Staff**

November is National Novel Writing Month and writers of every type are welcome to Come Write In at the Minocqua library. (415 Menominee St. Suite B. Minocqua) Stop by anytime and write alongside others who are working on their drafts. Refreshments and door prizes provided. See nanowrimo.org for more information. Donations accepted. No registration necessary.

If you are interested in staying overnight to attend art programs and/or other programs call for cabin availability. 715-385-3750 Ext. 1

### **MAKING WAVES: PASTELS**

**November 5-Monday**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell, FSPA**

Bring your photos and experiences of being on a shore and watching the waves slam against the rocks. We will capture the atmosphere and action of this with soft pastels. The painting will be dominated by large wave shapes swept by the wind so the majority of the painting will be very active. Pastel board will be provided. Bring pastel supplies and photos of waves. Fee: \$30.00. Bring a lunch & register by Monday, October 29.

### **MARYWOOD WRITERS GROUP**

**November 5-Monday**

**First Monday evening of month**

**Also December 3**

**6:00-8:30 p.m.**

**Facilitator: Julia Walsh, FSPA**

See October 1st description, page 6.

### **LANDSCAPE: PASTELS**

**November 6-Tuesday**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell, FSPA**

We will create a very dark background and apply soft pastels over this surface. It is much easier to apply the light pastel over the dark and the painting will develop much faster. A forest scene works with this type of painting or any scene that has light over a contrasting dark. Bring soft pastel supplies. Pastel board and dark paints will be provided. Fee: \$30.00. Bring a lunch & register by Tuesday, October 30.

### **HAND-MAKING CHRISTMAS CARDS**

**November 7-Wednesday,**

**9:00 a.m.-3:00 p.m.**

**Presenter: Karen Kappell FSPA**

Using water-media and printing techniques we will create cards that adds a personal touch to our Christmas greeting. Working with watercolor paper (supplied) we will use water media and sprays to create large sheets with a free formed pattern and then cut and develop smaller sections into cards. Bring inks, watercolors, stamps, and any water media supplies. Fee \$30.00. Bring a lunch & register by Wednesday, October 31.

## Programs - November 2018

### CHURCH SECRETARIES

#### RETREAT DAY

November 8-Thursday

9:30 a.m.-2:30 p.m.

**Presenters: Marla Lang, FSPA & Pat Pintens**

The day's focus is one of spiritual and practical aids for church secretaries and office personnel from any faith tradition.

Remember, your invaluable ministry also needs you to seek "time out" plus supportive ideas from others. Suggested donation \$30.00 each or \$50 for two from the same parish church or cluster. Register by Tuesday, November 6.

### YOGA AND PRAYER

November 10-Saturday

9:30-12:00 Noon

**Facilitators: Briea Tlusty and Sr. Julia Walsh**

All are welcome, no matter your level of experience with yoga or your familiarity with Christian prayer. Your facilitators will guide you through a morning designed to help you connect to God with your mind, body and spirit.

Suggested offering \$20.00.

Register by Wednesday, November 7.

### IONS (Science and Spirituality)

November 15-Thursday

12:30-3:00 p.m.

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

### BOOK CLUB

November 16-Friday

Third Fridays of the month

8:00-10:00 a.m.

**Facilitators: Anita Beskar, FSPA and Marla Lang, FSPA**

See September 21st description, page 5.

### MARYWOOD WRITERS

#### GROUP

November 21-Wednesday

Third Wednesday of month

Also December 19

12:00-3:00 p.m.

**Facilitator: Julia Walsh, FSPA**

See September 21st description, page 5.

*"We attract  
what we are  
prepared  
to receive."*

*- Charles F. Glassman*

### SPIRITUAL WILLS

November 27-Tuesday

9:00 a.m.-12 Noon

**Presenter: Pat Pintens**

One of the most important questions we can ask ourselves is: When my life comes to an end what do I want to leave behind for others? We're never too young or too old to answer that question. Preparing a Spiritual Will can help us do so. It will also help us to not miss what could be the heart of the remainder of our lives. Suggested offering \$15.00. Register by Tuesday, November 20. Copies of The Journey Never Ends: How to Prepare a Spiritual Will are available for \$10.50.

### HOLY FAMILY, HOLY NIGHT

November 30—Friday

6:00-7:30 p.m.

**Facilitator: Julia Walsh, FSPA and Earthgoods Staff**

In anticipation of the 1st Sunday of Advent, let us gather and begin our waiting for the Holy Family's Holy Night—the feast of Christmas. We'll paint simple statues of Mary, Joseph and Baby Jesus for you to pray with in your home through the Advent and Christmas season. \$20 includes supplies, art instruction, and program. We will meet at Earthgoods, 301 E. Front St. in downtown Minocqua. Register by Wednesday, November 28.

## Programs - December 2018

### **CREATING YOUR SPIRITUAL AUTOBIOGRAPHY**

**December 1-Saturday**

**9:00 a.m. - 2:00 p. m.**

**Facilitators: Dick Bruesehoff and Julia Walsh, FSPA**

Writing and drawing can be deeply spiritual practices. They also can be used as you create a spiritual autobiography that allows time for prayerful reflection on past experiences and future dreams. Please bring your journal and pens, your sketchpad and pencils, your computer or whatever medium you use to do prayerful drawing and writing. Event will occur at the Minocqua Library (415 Menominee St. Suite B., Minocqua, WI) Donations accepted. Bring a lunch. Register by Wednesday, November 28.

### **SINGING THE MUSIC OF OUR YEARNING HEARTS**

**December 2- Sunday**

**4:30-6:00 p.m.**

**Leader: Dick Bruesehoff**

Advent is a season of waiting and longing. The poetic word, yearning, appears frequently in the language of Advent readings and prayers, and it has shaped the form and the feel of Advent music. On this evening of the first Sunday in Advent, we'll gather in the quiet darkness around the light of the first Advent candle. We'll sing and reflect on the music of Advent from cultures around the world. It doesn't matter whether you're a confident or shy singer! Come! Suggested offering \$10.00.

### **MARYWOOD WRITERS GROUP**

**December 3-Monday**

**First Monday evening of month**

**6:00-8:30 p.m.**

**Facilitator: Julia Walsh, FSPA**

See October 1st description, page 6.

### **IONS (Science and Spirituality)**

**December 6-Thursday**

**12:30-3:00 p.m.**

**Facilitators: Jan Lewis and Marla Lang, FSPA**

See September 6th description, page 4.

### **STANDING ON TIPTOES**

#### **LONGING FOR GOD**

**December 7-Friday**

**9:30 a.m.–2:00 p.m.**

**Presenter: Pat Pintens**

"On tiptoe we stand, Lord Jesus, eagerly awaiting your full revelation ..." writes Macrina Wiederkehr. "There is a longing in our hearts, O Lord, for you to reveal yourself to us," sings Anne Quigley. On this Advent reflection day we'll explore our longing for God, God's longing for us, and ways in which God reveals God's self to us. Bring a lunch. Suggested offering \$15.00. Register by Tuesday, December 4.

### **ENTER THE STORY OF MARY OF NAZARETH**

**December 12–Wednesday**

**9:30–11:30 a.m.**

**Presenter: Marla Lang, FSPA**

The feast of Mary of Guadalupe is Dec. 12. We will examine the setting of Mary of Nazareth's life as today's research has discovered. How does the Church celebrate this feast in 2018 in Mexico and in the United States?. Suggested offering \$10.00. Register by Monday, December 10.

### **PRAYING IN THE DARK**

**December 13-Thursday**

**6:00-8:00 p.m.**

**Facilitated by Julia Walsh, FSPA**

On the Feast of St. Lucy and on a quiet Advent evening we will pray in the candlelight and ponder the invitations—and agonies—of holy darkness. Join us for this contemplative evening; deepen your awareness of how the dark is holy. Suggested offering \$5.00. Register by Tuesday, December 11.



## Programs - December 2018

**MARYWOOD WRITERS GROUP**  
December 19-Wednesday  
Third Wednesday of month  
12:00-3:00 p.m. Facilitator:  
Julia Walsh, FSPA  
See September 19th description,  
page 5.

**IONS (Science and Spirituality)**  
December 20-Thursday  
12:30-3:00 p.m.  
Facilitators: Jan Lewis and Marla  
Lang, FSPA  
See September 6th description,  
page 4.

**BOOK CLUB**  
December 21-Friday  
Third Friday of the month  
8:00–10:00 a.m.  
Facilitators: Anita Beskar,  
FSPA, Marla Lang, FSPA  
See September 21st  
description, page 5.



Save  
the  
Date

**Women's Christmas – 2019**  
An Epiphany Celebration for Wise Women  
January 3, 5, and 8, 2019

## With Sincere Gratitude We Acknowledge Our Generous Benefactors 2018 Fiscal Year: July 1, 2017-June 30, 2018

Janine Anderson	Eric & Mary Beth Elstro	Jean Keuer
Marcelline Ahmann	Monica Fath	Kitchen Bath Mart, Inc. of Woodruff
Sr. Elizabeth Amman, OP	Bob & Chris Flannery	Sally Knapstein
Sharon Aldrich	Susan & Gary Fredenhagen	Ray & Cathy Knapstein
Anonymous (2)	Nancy French	Knights of Columbus - Rhinelander
Ted & Patty Balistreri	Gaber Electric, Inc.	Knights of Columbus - Woodruff
John & Maricia Bardos	Dave & Deborah Gaber	Kathy Knobel
Fred Bartowski	Suzanne Geraty	Elaine Kotlarek
Lisa & Curtis Becker	Helen Geyso	Jeanette Krueger
Pam Berdal	Yvonne Glonchak	Karen Larson
Arthur Bernhardt	Laurie & Ron Glowac	Anne Laurie
Elizabeth Bohnett	Grand Rapids Dominicans	Joan & Allen Liegel
Cynthia & Bill Bomber	Andree Graveley	Shirley Limberg
Arlene Bonacci	Mary Grieco	Bob & Therese Link
Deb & Steve Boulley	Barb Grzywacz	Lake Tomahawk Lions Club
Richard Bowman	Jim & Diane Guckenber	Lakeland Lawn & Equipment, Inc.
Eileen Braeger	Dennis & Connie Gusick	La-z-boy Furniture Galleries Madison
Susan Brant	Mr. & Mrs. Jerry Hagman	Jennifer Lukowicz
Paula Braun	Richard & Nancy Hajt	Marge McCardle
Dick & Naomi Bruesehoff	Addie & Charles Halfmann	John & Maggie McHugh
Madalene & Kevin Buelow	Joan Hannasch	Patti McKenzie
Barbara Calderwood	Harrold, Scrobell & Danner, S.C.	David Mack
Kathryn Carlson	Greg Harrold	Caroln Magan
Barbara Ceranski	Debbie Harvey	Barb Maines
Ursula Charaf	Clifford Haskins	Marthaler Chevrolet-Buick
Pauline Cira	Bill & Sandra Hayes	Mass Mutual
Brian & Teresa Colianni	Janet Hays	Art & Fran Matt
Susan & Albert Colianni	Brent Holleran	Joan & Don Meeder
Megan Connors	Holy Cross Sisters Office of	Caryl Mellendorf
Rita Conway	Communication	Carol Miller
Nan & Phil Coon	Holy Family Circle of Women	Jim Miller
Steve & Lisa Coon	Marilyn & Bill Hopper	Minocqua Area Chamber of Commerce
Coon's Arbor Vitae	Mrs. Mark Huybrecht	Betty & Rick Molchan
Coon's Boulder Jct.	Harrold, Scrobell & Danner, S.C.	Bonnie & Doug Moquin
Coon's Franklin Lodge	Island Collision Center, Inc.	Yvonne Morman
Coon's Market	Jim & Sharon Jacobi	Gene & Diane Nackers
Deah Cooney	RJ Janz	Paula Nail
Mary Corcoran	Virginia Jisa	Dennis Nelson
Ronald & Jane Cortte	JJ's Acres Inc.	Lee Ann Niebuhr
Cosmic Dancers	Pat Johnson	Nimsgern Funeral & Cremation
Carol Dahlquist	James & Harriet Jordan	Robert & Mary Nowakowski
Mary Demetrio	Jan Jubert	Carole & Don Nugent
Marie Deming	Barbara Just	Arline O'Connell
Rocci Downs	Barbara Kane	Jim & Clare Okraszewski
Matt & Anne Drewry	Ron & Linda Kappell	Rilla Opelt
Janelle Edwards	Mark & Tessmer Kemmeter	Sandra Ott
Amber Ellstrom	Pat & Linda Kerrigan	Rev. L. Paul Ouderkirk

## Sincere Gratitude, continued

Kaci Petersen	JoAnne Vinci
Alan & Nancy Prisk	Pat Voermans
Pukall Lumber Foundation, Inc.	John Voorhees
Quality Heating, Inc.	Roberta Walker
R.A. Huseby Consulting	Kerry Walker
Alice Rass	Elsie & Kevin Walsh
Carol & Charles Rebek	Grace Wanta
Red Cliff Retreat Group	Russ & Eileen Weber
Red Crown Lodge, LLC	Thomas Weikert
Harry & Renate Redmond	Sheila & Kevin Widule
Dan & Mary Reuland	Uwe & Cathy Wiechering
Carol Riches	Walter Wiest
Thomas Riemer	Peggy Williams
Ritchie Lakeland Oil Co., Inc	Sally & Mike Winger
Sue Rodell	Linda Long Wohlleber-Redman
David & Jane Ross	Realty Group
Ted & Judy Russell	Woodruff Appliance
Sr. Teresita Samson	Andrea Yates
John & Rosemary Scheibe	Susan Zabel
Gary & Terri Schildt	John & Katie Zwiers
Robert & Dorothy Schildt	
Vic & Jane Schiszik	
Theresa Burbey Schmelzle	
Richard & Elizabeth Schreuder	
Tammy Schuler	
Sara Schultz	
Susan Schumann	
Elizabeth Schussler	
Toni Sendra	
Jane Shadick	
Denise Shankin	
Dale & Rhoda Sharpee	
Phyllis Sinclair	
Mike & Kathy Skelton	
Julie Smith	
Daniel & Virginia Sparkowski	
Frank & Judy Splitt	
Linda Stevens	
Corinne Swan	
Shirley Thoen	
Mary Ticknor	
Tomahawk Appliance	
Trig's	
Therese Troj	
Van Natta's Plumbing, Inc.	
Mary Varga	

### *In Honor of ...*

*Sr. Elizabeth Amman, OP*  
by Denise Shankin

*Bill Anderson, Jr.*  
by Carol Riches

*Sr. Anita Beskar, FSPA*  
by Pat & Linda Kerrigan

Dick & Naomi Bruesehoff  
by Susan Brant

A new Grandson due in March  
by Eileen Braeger

*Holy Cross Sisters & Associates*  
by Holy Cross Sisters Office of  
Communications

*The Marywood Staff*  
by Dick & Naomi Bruesehoff

*All Marywood Staff and Sr. Pauline Wittry, FSPA*  
by Joan & Don Meeder

*Mary & Lee Scrivner*  
by Mike & Sally Winger

*Sr. Julia Walsh, FSPA*  
by Elizabeth Bohnett  
by Art & Fran Matt  
by Mrs. Mark Huybrecht

*Srs. Pauline Wittry & Karen Kappell, FSPA*  
by Frank & Judy Splitt

*In Memory of ...*

*Lisa Becker*

by Pam Berdal  
 by Rocci Downs  
 by Amber Ellstrom  
 by Dennis & Connie Gusik  
 by Addie & Charles Halfmann  
 by Jane Shadick  
 by Mary Ticknor

*Bonacci & Lubaert Families*

by Arlene Bonacci

*Oscar & Eileen Braun*

by Kathryn Carlson

*Candace*

by Elizabeth Schussler

*Don Deming*

by Marie Deming

*Margaret Fox*

by Phyllis Sinclair

*Marie & George Goessele*

by Ted & Judy Russell

*Jim Grzywacz*

by Barbara Grzywacz

by Addie & Charles Halfmann

*Dan Hagen*

by Mike & Sally Winger  
*Sr. Marguerite Hagman, FSPA*  
 by Mr. & Mrs. Jerry Hagman

*Owen William Harrold*

by Greg Harrold

*James Andrew Jordan*

by James & Harriet Jordan  
 by Brian & Teresa Colianni  
 by Susan & Albert Colianni

*Delores & Sylvester Kappell*

by Linda & Ron Kappell

*Peter Knobel*

by Kathy Knobel

*Clifford F. Kotlarek*

by Elaine Kotlarek

*Donald Mellendorf*

by Caryl Mellendorf

*Mike*

by Anne Laurie

*Sharon Miller*

by Jim Miller  
 by John & Rose Scheibe,  
 Carolyn

Magan, Mary Varga and  
 Yvonne Glonchak

*Sister Kathy Nelessen*

by Pat M. Johnson

*The Perner Family*

by Barbara Sell

*Paul M Pratec*

by Barbara Calderwood

*Ejay Valitchka*

by Cynthia Bomber

*Jean Weber*

by Arline O'Connell

*Wanda & Frederick Weber*

by Barbara Kane

Marywood Franciscan Spirituality Center  
**2018-2019 RETREATS**

**Advent Retreat: Seeking A Peaceful Spirit**

**November 30 -December 4, 2018**

**5:00 p.m. Friday to 1:00 p.m. Tuesday**

**Presenter: Marla Lang, FSPA**

Christmas, then and now, urges one to be about coming to know a new depth of peaceful presence within us and around us. Take these several days to break loose from stresses in the journey to ponder our presence with the divine presence in the here and now. Each day offers communal prayer and presentations. The afternoons are free for pondering, rest and exploring peace. Fee: \$375 includes all needs and a private room in a shared lakeside cabin. \$100 deposit with registration. Commuters \$175 (\$50 deposit). Register by Monday, October 29.

**February 22-23**

Finding Your Soul Song - Jan Huseby, Pat Pintens

**April 21-27**

ICON Retreat Madonna - Lady of Tenderness- Barb Lawless

**May 17-19**

Praying with Greening Beads - Dick and Naomi Bruesehoff

**May 26-31**

Vacation with a Purpose Watercolor - Karen Kappell, FSPA

**June 9-15**

Directed Retreat - Janet Mallak, SSND

**June 21-24**

The Beauty of God and of Soul - Pat Pintens

**July 7-12**

Vacation with a Purpose - Karen Kappell, FSPA

**July 12-14**

A Part, Not Apart; Christian Tradition and Contemplative Ecology

**July 21-27**

Writers Retreat - Julia Walsh, FSPA

**August 22-26**

Pondering One's Unnamed Future - Marla Lang, FSPA

**September 27-29** Reconnecting with Sister/Mother Earth - Pat Pintens

## Marywood Franciscan Spirituality Center

3560 Highway 51 North • Arbor Vitae WI 54568

715-385-3750 • marywood.center@gmail.com • www.marywoodsc.org

### Program Calendar • September-December 2018

#### September 2018

- 3 Watercolor: Moving Beyond the Brush
- 4 Watercolor: Water Webbing with Fall Leaf Pattern
- 5 Watercolor: Creating a Painting with Multi-Layers
- 6 IONS - Science & Spirituality
- 11 Ukrainian Eggs
- 12 "Take Off Your Shoes"
- 13 Jesuit Form of Contemplative Prayer
- 15 Day of Self & Spiritual Renewal
- 19 Pray as You Can, Not as You Can't
- 19 Marywood Writers Group
- 20 Spirit Walking
- 20 IONS - Science & Spirituality
- 21 Book Club
- 21 Taste & See the Goodness of the Lord: Scrumptious Squash

#### October 2018

- 1-2-3 Bead-Dazzled: Mixed Media
- 1 Marywood Writers Group
- 3 Anniversary of St. Francis' Death
- 4 IONS Science & Spirituality
- 9 The Hidden Life of Trees
- 11 Mary's Song for Justice & Peace
- 15 God as Trinity
- 17 Harvesting Our Life's Wisdom
- 17 Marywood Writers Group
- 18 IONS - Science & Spirituality
- 19 Book Club
- 25 Food & Unity
- 30 Halos & Aprons

#### November 2018

- 1 IONS - Science & Spirituality
- 3 NaNoWriMo Come Write In
- 5 Making Waves: Pastels
- 5 Marywood Writers Group
- 6 Landscape: Pastels
- 7 Hand-Making Christmas Cards
- 8 Church Secretaries Retreat Day
- 10 Yoga & Prayer
- 15 IONS - Science & Spirituality
- 16 Book Club
- 21 Marywood Writers Group
- 27 Spiritual Wills
- 30 Holy Family, Holy Night

#### December 2018

- 1 Creating Your Spiritual Autobiography
- 2 Singing the Music of Our Yearning Hearts
- 3 Marywood Writers Group
- 6 IONS - Science & Spirituality
- 7 Standing on Tiptoes Longing for God
- 12 Enter the Story of Mary of Nazareth
- 13 Praying in the Dark
- 19 Marywood Writers Group
- 20 IONS - Science & Spirituality
- 21 Book Club

#### January 2019 - Save the Date!

- 3, 5 and 8 Women's Christmas
- An Epiphany Celebration for Wise Women

## Marywood 2018-2019 Retreats and Workshops

November 30-December 4, 2018 • Advent Retreat: Seeking A Peaceful Spirit - Marla Lang, FSPA

Please register by Monday, October 29

February 22-23 . . . . . Finding Your Soul Song

April 21-27 . . . . . Icon Retreat Madonna - Lady of Tenderness

May 17-19 . . . . . Praying with Greening Beads - Dick and Naomi Bruesehoff

May 26-31 . . . . . Vacation with a Purpose - Watercolor - Karen Kappell, FSPA

June 21-24 . . . . . The Beauty of God and of Soul

June 9-15 . . . . . Directed Retreat - Janet Mallak, SSND

July 8-14 . . . . . Vacation with a Purpose - Karen Kappell, FSPA

August 22-26 . . . . . Pondering One's Unnamed Future

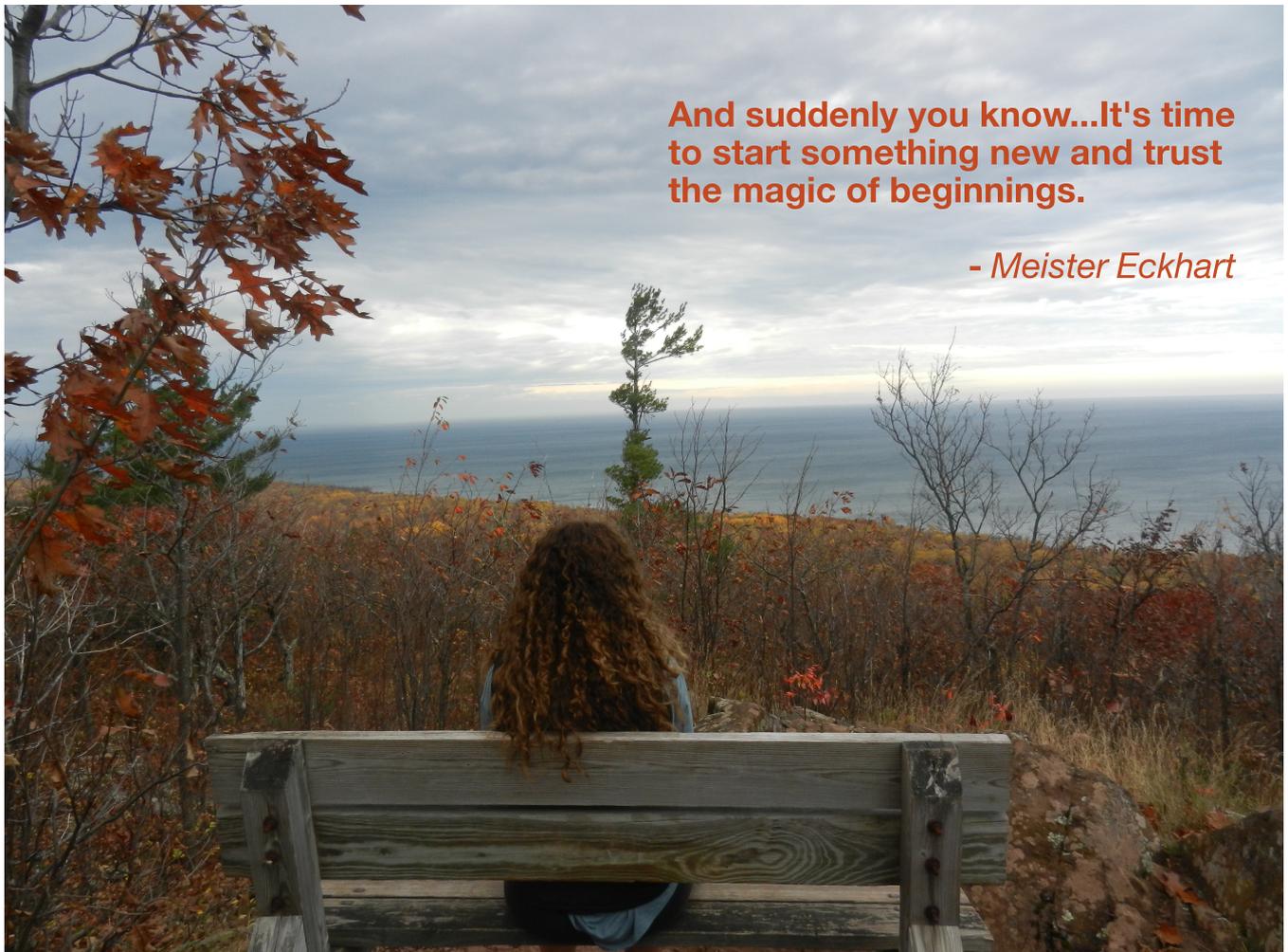
Marywood also offers: Private Retreats • Directed Retreats (spiritual directors on staff) • Sabbaticals (2 weeks to 6 months - November thru April)

Outreach staff available to come to your site for retreats and/or day/evening programs

**MARYWOOD**  
FRANCISCAN SPIRITUALITY CENTER  
3560 Hwy 51 North • Arbor Vitae WI 54568



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**And suddenly you know...It's time  
to start something new and trust  
the magic of beginnings.**

*- Meister Eckhart*